



NATURAL PERFUMERY COURSE OUTLINE

Lesson 1: Introduction To The Course And A Brief History of Perfume

- Introduction
- A Brief History of Perfume

Lesson 2: The Science of Scent

- Anatomy and Physiology of Smell
- Chemistry of Smell
- Smell and Memory in the Limbic System
- Context and Variation in Scent Perception
- Aromatherapy and Other Body Systems
- Fragrance Toxicity and Safety

Lesson 3: The Composition of Botanical Perfume

- Join Jennifer Allen of Mythique Aromatics for an Exploration of Botanical Perfumes (VIDEO)
- Making Beautiful, Aromatic Music: Notes and Accords
- Types of Aromatic Extracts Used in Botanical Perfumery
- Essential Oils Commonly Used in Perfumery
- General Essential Oil Safety Guidelines
- Sustainability and Perfumery

Lesson 4: Perfumery Techniques and Recipes

- Oil-Based Botanical Perfumes
- Solid Perfumes
- Enfleurage
- Tincture Bases for Spray Perfumes
- Additional Supplies
- Perfume Recipes

Lesson 5: Perfumery Plant Monographs

- Monographs

Lesson 6: Botanical Perfumes In Everyday Ritual

- Everyday Rituals
- Incorporating Botanical Perfumes into Ritual

Lesson 7: Course Conclusion

